

# HCCL Trauma Kit Instructions

(a.k.a. Ben Flick's Eagle Project)

## So what is this Trauma Kit thing?

The new trauma kits are on the rifle and pistol ranges. They are the big white wooden boxes near the sign in boxes. This presentation will show you what everything in the boxes is and how to use each item. Also please note, only use this kit in an emergency situation, not just for little cuts or scrapes. There is a first aid kit inside the HCCL Building.

## The First Step

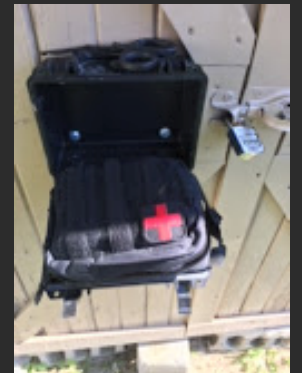
The first thing you should do in case of an firearms accident is to immediately contact emergency services (Call 911), tell them there was a firearms training accident, and where you are (Hancock County Conservation League). They will usually arrive in about 10 minutes from the call, but a victim of a gunshot wound needs immediate medical attention, and that is why the trauma kits were installed; not to store a few band-aids, but to stabilize a person until an ambulance can take them to the hospital.

## Additional Instructions

After treating someone for their wounds, always be sure to prop their legs above their heart. This will help prevent shock, which is extremely dangerous. Also, if the wound is on an extremity, raise that extremity above the person's heart as well to help stop any more blood loss. Another thing you can do to prevent shock is to keep talking to the person who is wounded and try to keep them calm. If an accident would ever regrettably happen, and you follow this guide to the trauma kits, you might save a life someday.

# Trauma Bag

This is what holds everything in the kit other than the Medical Shears. Open it up and you will find everything neatly organized inside the bag. In case there is an emergency and you need to help someone, just take the bag out of the box to wherever the person who is injured is laying so that the injured person does not have to be moved.



# Medical Shears

Medical Shears are essentially strong scissors that can cut through most clothing. In case someone is shot and the wound is beneath a shirt or pants, use these to cut the clothing off of them so that it is easier to reach the wound.



# Sharpie

There is a sharpie marker in the kit so that you can write down any instructions that the emergency personnel give you, or the injured person's name and address so that the hospital will be able to identify them much easier.

# Rubber Gloves

Before ever touching the injured person's wounds, be sure to wear rubber gloves so as to not contaminate the wound with any germs or materials you might have on your hands. Also, they will prevent the spread of any blood borne pathogens the injured person might have to the person helping them.



# Combat Gauze

This gauze is used to temporarily stop any bleeding on the wounded person. To do this, take the gauze out of the package and if the wound is on the arms or legs, wrap the gauze around the wound, tight enough to stop bleeding but not so tight that it completely stops blood flow through the extremity. Additionally, continue to apply pressure with your hands to help stop any bleeding even after the gauze is on. Only let off pressure if the emergency service personnel tell you to or the bleeding is completely stopped.



# Compressed Gauze

This is essentially the same material as the Combat Gauze, but it does not stop bleeding as well. Use this in case the wounded person bleeds through the Combat Gauze. Instead of taking the Combat Gauze off, wrap this over the Combat Gauze so that you don't rip off any scabbing. Continue to wrap more on as the wounded person bleeds through, and stop applying when they don't bleed through any more.



# CAT-T Tourniquet

WARNING: DO NOT USE THIS IF YOU ARE NOT MEDICALLY TRAINED.  
IMPROPER USE COULD RESULT IN INJURING VICTIM FURTHER

The CAT-T Tourniquet is something that you will not use unless the victim is going to die if you don't use it. The CAT-T Tourniquet is an item used to completely cut off blood flow from an extremity, ensuring the stop of blood flow, saving the person's life but also possibly causing extreme injury to the limb. Only use this if something like a hand or major vein or artery is almost or completely severed.



# Nasal Air Vent Tube

These small tubes are used to be sure a person's airway through their nose is clear. To use, gently push the small end through a person's nose. You probably won't need to use these, as an ambulance is only about 10 minutes away, but it is good to know what these are and how to use them.



# NAR Compressed Gauze

Just more gauze in a different shape. Use the same way as the stuff from before.

## Basic First Aid Kit

This is pretty self explanatory. Use this to clean up any smaller cuts or scrapes after any larger wounds are taken care of.

## Several Different Sized Bandages

Pretty self explanatory, use these to patch up any wounds that are too small for a gauze roll to fix but too big for a band-aid.

# Gauze Sponges

A Gauze Sponge is used to clean up a wound before applying any gauze. The Sponge can soak up a lot of blood, and should be used to wipe away any excess blood from a wound before applying a bandage.





# APD Pads

APD Pads are used when there is a large wound on a person's torso, meaning using gauze to help stop the bleeding probably won't help much. To use the APD Pads, take them out of the package, clean the wound with a gauze sponge, and apply the APD Pad directly over the wound, being sure to keep pressure on the wound to stop bleeding. Wrapping gauze around the entire torso would also help stop bleeding, but is not completely necessary.



# Chest Seal

A chest seal is essentially a large very sticky piece of plastic that is used to stop bleeding on a gunshot wound to the chest. Clean the area of the wound as well as you can and apply the seal directly over the wound, and make sure it completely seals the entire area. Do not apply pressure to the wound, as this might break the seal and let the blood flow freely again.

